



Pakuranga Catholic Parish

*Te Whare Karakia o Hato  
Maaka, Pakuranga*

**Fr Sherwin Lapaan**  
**Parish Priest**  
[sherwin@stmark.org.nz](mailto:sherwin@stmark.org.nz)

**Fr Jude Algama**  
**Assistant Priest**  
[jude@stmark.org.nz](mailto:jude@stmark.org.nz)

**Chris Sullivan**  
**Deacon**  
[admin@stmark.org.nz](mailto:admin@stmark.org.nz)

**Mannix Lopez**  
**PARISH PASTORAL  
CO-ORDINATOR**  
[mannix@stmark.org.nz](mailto:mannix@stmark.org.nz)

**Evelyn Green-Thompson**  
**PARISH SECRETARY**  
[evie@stmark.org.nz](mailto:evie@stmark.org.nz)

**Priscilla Cefre**  
**Accounts**  
[accounts@stmark.org.nz](mailto:accounts@stmark.org.nz)

**OFFICE HOURS**  
Monday to Friday  
**8.30am — 3.00pm**

**Sunday**  
9.30am — 1.00pm

334 Pakuranga Rd  
PO Box 51184  
Pakuranga, Auckland 2140  
PH (09) 576 7959

**Email**  
[admin@stmark.org.nz](mailto:admin@stmark.org.nz)

**Website:**  
<https://stmarkspakuranga.org.nz>

*The Greatest Commandment*

Love the Lord your God with  
all your heart, all your soul,  
and with all your mind and  
love thy neighbor as thyself.

Matthew 22 37:38

# 30<sup>th</sup> Sunday in Ordinary Time

## The Commandment of Love

25<sup>th</sup> October 2020

### Reflection

The heart of our Christian faith is Love.

God's infinite, never ending, passionate and merciful love for us which inspires and enables us to respond in love by loving God and loving others.

St Augustine said that every page of the bible sings the praises of love.

In our second reading, St Paul reminds us of the divine origin of this amazing love, freely given to us through the joy of the Holy Spirit.

Jesus teaches us that the greatest commandment is not to obey lots of rules and regulations but to Love. God's laws are given to help us to love, to teach us how to love God and love one another.

To love God we must love one another, and when we love others, we are actually loving God, because God is present in every person.

In his letter to the Corinthians, St Paul describes what love is. It is not just an emotional feeling. Love is patience. It is kindness. It is not jealous or conceited, rude, or selfish. It does not take offense, nor is it resentful. It is always ready to trust, to excuse, and to endure whatever comes.

Our first reading from Exodus gives this practical expression: our love must care for the poor and vulnerable, the marginalized and the oppressed: migrants, widows, and orphans. We must not exploit the poor for example by charging high rates of interest or taking away what they need to live.

In his new encyclical Fratelli Tutti, On Fraternity and Social Friendship, Pope Francis invites us to broaden our perspective to see a world without borders or divisions, and to view every single person on the planet, and the planet itself, as our dearly beloved brothers and sisters. Your homework is to go and read and reflect on it.

Let us pray for the grace to appreciate how much God loves us, and to be able to respond by loving God and loving one another.

Deacon Chris

**That All May Be One**  
Jubilee Year 1971–2021



## YOUTH & YOUNG ADULTS

### St Mark's Young Adults

Fr Sherwin will be doing an online podcast. Email questions to [youngadults@stmark.org.nz](mailto:youngadults@stmark.org.nz)

## EDUCATION

### Sacrament of Baptism

Baptisms will take place every 1<sup>st</sup> & 3<sup>rd</sup> Saturday of the month @ 11.00am. If you would like your child to be baptised, please contact Mannix at the office.

### Catechesis of the Good Shepherd

CGS will start on the 14<sup>th</sup> November in the Lyon's Den. For more information, please email [stmarksatrium@gmail.com](mailto:stmarksatrium@gmail.com) or contact Mary Anne @ 021 0266 9912



You did not choose me, but I chose you and appointed you so that you might go and bear fruit—fruit that will last—and so that whatever you ask in my name the Father will give you. (John 15:16)

**Contact:** Mannix – 027 248 4232 - Parish Office  
Rosemary Palmer – 021 163 9141

**Email:** [mannix@stmark.org.nz](mailto:mannix@stmark.org.nz)

## ALTAR

### Anniversary Mass

Will be on Wednesday, 28<sup>th</sup> October 2020 @ 7.00pm  
For all those who celebrated their anniversary in September & October 2020.

### All Souls Day

We will have a special Mass on Monday, 2<sup>nd</sup> November 2020 @ 9.00am & 7.00pm for All Soul's, after which, we will bless the Columbarium.  
Our Lady Star of the Sea will celebrate Mass @ 9.15am

### First Friday – Perpetual Adoration



**Date:**  
6<sup>th</sup> November 2020  
**Time:**  
7.30pm – 9.00am

8pm – 9pm	Young Adults
9pm – 10pm	CFC
10pm – 11pm	LLS/Alpha Prayer Group
11pm – 12pm	El Shaddai

### Communion to the Sick

For those who are sick and would like to receive Holy Communion, please contact the office

### Mass will continue to be live streamed

Tue—Sat @ 9.00am & Sat Vigil @ 5.30pm & Sun 10.30am on St Mark's FB Page: St Mark Pakuranga & YouTube—subscribe to St Mark Pakuranga—:  
<https://www.youtube.com/watch?v=z9W-OJU2AH4>

### Mass on Shine TV

Sunday Mass @ 2.00pm on Shine TV Free-to-air Channel 25, Sky Chanel 201 is ongoing.  
<https://www.aucklandcatholic.org.nz/>

### Music Ministry

We need a Musician, Choir or Organist for the 8.30am Mass on Christmas morning, if you are available, please contact Evie at the Parish office

### Communion Ministers & Altar Servers - 6.30pm

Please contact the office if you are available to serve at the above Mass

### Mass Co-ordinators

Needed for the 5.30pm, 10.30am & 6.30pm Mass. Please contact the office if you are available.

### Rosters

These can be found on the Church App  
<https://pakurangacatholic.churchapps.co.nz/admin/Links/> or Parish Website <https://stmarkspakuranga.org.nz/altar/> and are available in the church foyer.

## SOCIAL



The 18 -31 October issue is out now.  
Available in the Church foyer @ \$4.00



SVDP needs tin fruit, tin tomatoes, bread spreads, soup, milo, tea, coffee & biscuits.

Christmas Cards for Sale @ 10 for \$5.00  
Thank you for your continued support.



"Invite you to our Fellowship meeting on Tuesday, 27 October 2020 @ 7:30pm at St Anne's Parish, 126 Russell Road, Manurewa, Auckland. **Speaker:** Ingrid D'Sousa. **Topic:** The Gift of Knowledge. Romans 11:33-36. Come & share a cuppa, friendship, and encouragement.  
Phone Grace 09 577 3479."



"Here I am, send me!" Isaiah 6:8

Thank you for supporting this year's MISSIO-NZ Church Appeal through your heart felt gifts and prayers

Your generosity makes it possible for missionaries to continue reaching out and empowering people like Zyrhrie and her family. Thank you also to parishioners who have become monthly giving MISSIO-NZ friends. For more information about the work of MISSIO around the world, please contact us at [info@missio.nz](mailto:info@missio.nz) or write to us at PO Box 31 596 Milford Auckland 0741

### Candlelight Vigil for the Unborn

All are invited to participate in a candlelight vigil for the unborn on **Sunday 1 November at 7:30pm**. Bishop Michael Gielen will lead the prayer hour. We pray in reparation for the babies lost to abortion, and for the healing and conversion of all those wounded by, and who participate in, this practice. Come be Christ's light outside AMAC, 283 Dominion Road, Mt Eden. Visit [fli.org.nz/prolifeevents](http://fli.org.nz/prolifeevents) for more details or contact Michelle 027 526 1199 or [michelle@fli.org.nz](mailto:michelle@fli.org.nz)

### Christmas Boxes

I will be getting a small supply of boxes and if you would like one please text me your name and the number of boxes you would like. I will have them in the Parish Centre before and after 10.30am Mass on Sunday. You can also "pack a box online" by going to [samaritanspurse.org.au](http://samaritanspurse.org.au) Then click on Operation Christmas Child. If this year you would rather donate to our own community, please donate goods to SVDP food bank. Thank you! **Megan 021 901 379**

### Cultural Food Festival

The Indian & Sri Lankan Food Festival will be held on **Sunday, 29<sup>th</sup> November 2020**. If you would like to contribute to this fundraising effort, please contact **Adelyn – 021 187 9001**

### Jubilee Souvenirs

We now have blue and black beanies with the Jerusalem Cross. This can be ordered on the existing 50th Jubilee Memorabilia order form:

<https://forms.gle/uGnLfvmrKBFihiko8>

The maroon T-Shirt with 50th Jubilee Logo is also now available in kid's sizes, and this will be made to order. Please place your order as soon as you can, as it takes up to three weeks from the date of placing the order to receiving the item. Order for kid's T-Shirts here:

<https://forms.gle/pJDYEmVsHX1o6tQd8>



Please use **NAME+JUB50** as reference for online payments – please see bank details under **Finance**



Small Notebook - \$10  
Large Notebook - \$12  
Glass Mugs - \$15

T-Shirts - \$20  
Mugs - \$10  
Tote Bags - \$5

Key Rings & Fridge Magnets - \$4 or 3 for \$10  
Large Corner Desk \$120  
Small Desk \$100  
Computer Desk Stand \$50  
Blue & Black Beanies \$25 each  
Kid's Sizes Maroon T-Shirt \$20



### Vehicle for Sale

<https://www.trademe.co.nz/a/motors/cars/mazda/listing/2827384076?bof=OhjNE8Ge>

## **FINANCES**

**We need your help...Please support us via:**

**Direct Debit: BNZ : Acc No.: 02-0100-0120982-04**

**ST MARK PARISH APP! - To download:**

Step 1: Download **ChurchApps NZ**

Step 2: Search "St Mark" and it will pop up with our parish

Step 3: Choose your Groups to get alerts of events, rosters

Step 4: Stay updated and connected to St. Mark's

**Collection: 17/18 October 2020 - \$6,356.70**

### Gifting Envelopes for 2020

Please collect these from the Church Foyer – advise the Parish Office if you have moved onto Direct Debit

## **OTHERS**

### Parish Business Directory

Can be found on the Parish website under News & Events and Parish App

**Support our Parish Trades People, Professional and Businesses**



If you would like to promote your Trade, Profession or Business, please inform the office as we are creating a Parish directory to support Parishioners talents, skills, and business

### Memorial Wall

Saint Mark's 50th Anniversary for our loved ones who had passed away. A memorial plaque with 60 names will be made for our loved ones who had passed away. This granite plaque will be made and installed at the entrance of our church columbarium to remember our loved ones. Cost is \$200 inclusive of GST with the names, year of birth and death engraved on this beautiful granite stone. For more information, please contact the Parish Office



## Rosters—31<sup>st</sup> October & 1 November 2020

5.30 pm

8.30am

10.30am

6.30pm

### Music

Eva Edwards

Cheryl & Choir

Gospel Choir

Joyce Adiwinata

### Data Projectionist

Anthony Malden

Janice Encabo

Ben

Jessie Lo

### Altar Servers

Patrick Malden  
Julian Wang

Finlay McGinty  
Lucas McGinty  
Andrew Jurgens

Victoria Chiremje  
Emma Priestley  
Zoe Lee

Hannah Ernstzen  
Joshua Ernstzen

### Cleaning

Paul & Theresa Siao  
Gerard De Silva  
Don Rey Vargas  
Joseph Abasoio  
Don Santoso



### Flowers

Nerissa Virtucio

### Recording

Jim Mullane  
Steve & Marie Halbauer  
Christine Donnelly  
Ange Pierquin

## Sunday Readings

First Reading

**Exodus 22: 20-26**

*If you are harsh with the widow, or with the orphan, my anger will flare against you.*

**Psalm: 17**

*I love you, Lord, my strength.*

Second Reading

**Thessalonians 1: 5-10**

*You broke with idolatry and became servants of God; you are now waiting for his Son.*

Gospel

**Matthew 22: 34-40**

*You must love the Lord your God and your neighbour as yourself.*

### Liturgy of the Word

**Monday:** 9.00am

### ROSARY

Tues—Friday @ 8.30am

Saturday @ 8.00am

### DIVINE MERCY DEVOTION

Tues—Friday @ 9.30am

### Mass Times

Tues—Sat: 9.00am

Wednesday: 7.00pm

Sat Vigil: 5.30pm

Sunday: 8.30am  
10.30am  
6.30pm

### Confession / Reconciliation

Saturday: 9.30am

4.30–5.15pm

*And on request*

### Exposition & Holy Hour



Wednesday:

9.30am - 12.00pm

Saturday:

8.00am—9.00am

**1st Friday of the month**

7.30pm—9.00am Saturday



### Wedding Anniversary

**October 2020**

*Wishing all couples celebrating their anniversary this month  
a happy and blessed year ahead*



Andrew & Lissy Anthony  
Joromi & Ellen Guantero  
Neville & Jenny Smith  
Nicholas & Mary Ann Tan

Peter & Ina Karl  
Mervin & Jean Lim  
Calvin & Lyn Smith

Thomas Wong & Patricia Mak  
Ramon & Dorie Santos  
Vincente & Thelma Tiongson

**In the Celebration of the Eucharist and in your personal prayer, remember: -**

### Recently Deceased

Tony Wu, Andrew Lau, Woo In Sook Sara, Yung Lee



### Anniversary of Death

Joseph Inhwan Choi, W. Anthony Mohan, Kevin James Treacy, Harry, Maureen, Andrew, Eric, Paula Manalo, Monica Ho

### For the Sick: Please notify the office once the name can be removed.

Josephine William, Joseph Chen, Berverly Handisides, Martin Drushovich, Shirley van Niekerk, Georgina Fitzgerald, Ted Loughman, Irene Vas, Maria Hsieh, Arthur Sinajou, Alejandriana Sinajou, Lyan Lopez, Jean Galema, Peter Handleby, Erick Kwong, Rachel Hammond, Greg Hayes, Matt Jones, Chan Sui Ying, Annette Peterson, Anneka & Peter Wolfkamp, Lyn Visser, Matt Joue, Ann & Peter McPhillips, Joseph Weiss, Gertrude Moran, Lucy Chen, Lawrence Javis, Isabel Morais, Joan P. Ah-Wa, Barbara, Mulfide Mary R, Mehmet Rende

### ST MARK'S MISSION STATEMENT

To promote a loving, caring, Christ-like community which accepts all people.  
And is inspired by the Holy Spirit to spread  
The Good News of Jesus Christ.

### MORNING TEA

In the Parish Centre after  
the 10.30am Mass

**ALL WELCOME**

**Congratulation** to the following Candidates who were **Confirmed** and made their **First Holy Communion** on Sunday, 18<sup>th</sup> October 2020. May you grow in the light and love that comes from our Lord Jesus Christ and may the Holy Spirit be your constant companion and strength.



Adrianna Anthony  
Conganige Ryan Anthony  
Danae Anthony  
Lauren Anthony  
Rovey Jane Bajenting  
Michael Baustista  
Princeton Cabasag  
Sweeney Cahilig  
Ariane Antonia Cordeiro  
Gianna Noella Cordeiro  
Mikaela Coronel  
Steve Grant Dumlao  
Hannah D'Silva  
Nishadi De Silva  
Mateo Enricoco  
Rhaella Enricoso  
Leigh Jilian Ferrer  
John Ferrancullo  
Giselle Fraei  
Ceana Rachel Francis  
Erich Wyne Gaba  
Eva Gemmell  
Mark Guevarra

Constanza Gonzalez  
Daniela Gonzalez  
Miranda Gonzalez  
Valeria Gonzalez  
Isla Marie Hamilton  
Isabella Hawkins  
Oliver Hawkins  
Oliver Henryk Karkkainen  
Kiera Longerstaey  
Crystal McWan  
Menura Mayadunnage  
Matthew Mejia  
Keiran Mendoza  
Stephanie Jean McCormack  
Michael Victor McGinty  
Amelia Pallewatte  
Aisha Perera  
Sherene Rolle  
Jason Seo  
Cailyn Shen  
Claire Shen  
Isaac Smith

Lucy Smith  
Angelina Mari Sedayon  
Arachchigedon Jehen Solanga  
Maria Soriano  
Raymond Sotto  
Samantha Sotto  
Yesha Mae Supilanas  
Rani Taboada  
Carlos Tiongson  
Daris Daphne Toguay  
John Toguay  
Mikhayla Townsend  
Marie Tsang  
Beatrice Ubaldo  
Samantha Ubaldo  
Zachary Vargas  
Janina Vianca Vasallo  
Kazia Walker  
Hannah Winsor  
Jakob Yang  
Olivia Yang  
Glenys Yap

When receiving Jesus (Holy Communion) left hand over right hand



After Receiving Communion kneel and say a prayer of thanksgiving:-

MY Jesus, I believe I have received Your Body and Blood. O Jesus! bless my father, mother, brothers, sisters; my priest, teachers, my companions, my enemies, and friends; and all those for whom I ought to pray. Keep them all within the shelter of Thy Sacred Heart. Jesus, grant me all the graces I need. Make me obedient, kind, and good. O my Guardian Angel and my Patron Saint! help me to be thankful to my God. Amen.

## **Prayer for the Seven Gifts of the Spirit**

O Lord Jesus through You I humbly beg the merciful Father to send the

**Holy Spirit of grace**, that He may bestow upon us His sevenfold gifts.

May He send us the **gift of wisdom**, which will make us love the Tree of Life that is none other than Yourself;

the **gift to understand**, which will enlighten us;

the **gift of counsel**, which will guide us in the way of righteousness;

and the **gift of fortitude**, which will give us the strength to vanquish the enemies of our sanctification and salvation.

May He impart to us the **gift of knowledge**, which will enable us to discern Your teaching and distinguish good from evil;

the **gift of piety**, which will make us enjoy true peace;

and the **gift of fear**, which will make us shun all iniquity and avoid all danger of offending Your Majesty.

To the Father and to the Son and to the Holy Spirit be given all glory and thanksgiving forever. Amen.

## **Remember**

### **To receive the Holy Eucharist worthily we must:**

- Believe that Jesus is really present in the Eucharist.
- Be free from serious sin.
- Fast, not eating solid or drinking anything except water, for one hour before receiving Holy Communion
- When you receive the Body and the Blood from the priest, they will say, "The Body of Christ" or "The Blood of Christ". Then you say "Amen" loud and clear.

### **The Proper Way to Receive Holy Communion**

- Jesus comes to us in the Eucharist to give us new spiritual energy so that we can continue to lead good Christian lives.
- Place your hands together, one on top of the other.
  - If you are right-handed, place your left hand on top of your right hand so you can receive the Body of Christ in your left hand. Then, pick up the host with your right hand and place the host in your mouth before leaving the altar.
  - If you are left-handed, place your right hand on top of your left hand so you can receive the Body of Christ in your right hand. Then, pick up the host with your left hand and place the host in your mouth before leaving the altar.
- Hold your hands up high enough for the Eucharistic minister to safely place the Host in your hands.
- After receiving the Host, place hands together again.
- If receiving the Blood of Jesus, walk to the Eucharistic minister with the chalice. The minister will say, "The Blood of Christ," and hand the chalice to you. Answer, "Amen," and very carefully take the chalice with both hands, taking special care not to spill or drop it. The minister may help you with this.
- Place hands together when leaving the Communion line. Go back to your seat and kneel.
- As you kneel, thank Jesus for coming into your heart.

### **Five steps in receiving the Sacrament of Penance**

1. Review the Ten Commandments to remember what sins you have committed.
2. Be truly sorry for your sins.
3. Make up your mind not to sin again.
4. Tell your sins to the priest.
5. Remember the Penance (the prayers, sacrifice, or other instructions) the priest gives you and complete the penance as soon as you can.

### **An Examination of Conscience**

- Have I used God's name in an unkind way, or have I used curse words?
- Have I failed to do my homework and chores through my own fault?
- Have I been failed to pay attention at Mass or when saying my prayers?
- Have I disobeyed or acted disrespectfully toward my parents, teachers, or other adults?

- Have I acted disrespectfully toward my brothers, sisters, classmates, or others?
- Have I been cruel (mean or hurtful) to anyone?
- Have I stolen or destroyed property that belongs to someone else? Have I cheated?
- Have I told lies or injured another person's character?
- Have I been greedy, jealous, or unkind to others?
- Have I allowed myself to become uncontrollably angry?
- Have I refused to forgive or refused to tell a sin?
- Have I been too proud to say, "I am sorry," when I am wrong?

### **How to go to confession**

- Make the Sign of the Cross upon entering the confessional.
- In a serious, quiet voice say: "Bless me Father, for I have sinned, this is my first confession."
- Tell your sins to the priest. (Think about words, actions and thoughts that might have offended God or others)
- Listen to the words of the priest. He will tell you what he wants you to do as a penance for your sins. Remember what he tells you to do or what prayers he wants you to say and how many times he wants you to say each prayer.
- The priest may ask you to pray the **Act of Contrition**:  
*O my God, I am heartily sorry for having offended you, and I detest all my sins, because of Your just punishments, but most of all because they offend You, my God, who are all-good and deserving of all my love. I firmly resolve, with the help of Your grace, to sin no more and to avoid the near occasion of sin. Amen.*
- The priest will recite the prayer of forgiveness (Absolution) and will say, "Go in Peace". – You reply, "Thank you, Father".
- Finally, go to your seat, kneel, and say your penance. Pray to Jesus for help to know the right things to do. Remember to ask yourself, "What would Jesus do?" when you are tempted to do something wrong.

## **The Seven Sacraments**

### **Sacrament of Baptism**

Baptism is the sacrament where we become God's children and original sin is washed away. The sacrament of Baptism marks the beginning of our life of faith. In Baptism, we are welcomed into God's family and begin the journey of getting to know and understand the meaning of God's love.

### **Sacrament of Reconciliation**

Reconciliation is the sacrament where Jesus forgives us for our sins through confession. Confession gives one a wonderful sense of freedom and peace from the burden of sin. Sorrow, affliction, and a desire for conversion follow the remorse of sin in those with a contrite heart. The experience also brings a sense of gratitude to our generous Lord for his love, compassion, and mercy.

### **Sacrament of Confirmation**

Confirmation is the second Sacrament of Initiation. At Confirmation we receive the Holy Spirit, which helps us to become good Christians. It helps us to be brave and tell people by our words and actions that we believe in Jesus. The Holy Spirit helps us in many ways. It comforts, teaches, helps us grow in our relationship with God and gives us strength to get rid of the bad habits in our lives. The Holy Spirit also gives us power and helps us know when we have done something wrong. We need to want to grow, learn and change to be more like God for the Holy Spirit to really work with us.

### **Sacrament of Holy Eucharist**

The sacrament of the Holy Eucharist is the heart and summit of the Church's life. The Eucharist is the source of community within the Church. The bread and wine through Transubstantiation become the Body and Blood, Soul and Divinity of Jesus Christ. We receive the Real Presence of Jesus when we receive Holy Communion. Our soul is nourished, helping us to become like Christ. Receiving Holy Communion with others during the Sacrifice of the Mass brings unity of the Church, the Body of Christ.



## Holy Orders

Holy Orders is the sacrament through which the mission entrusted by Jesus to his Apostles continues to be exercised in the Church to the end of time. This holy vocation provides the Church with priests for the faithful. A priest is ordained to act in the person of Jesus Christ in three principle ways:

1. He teaches – the priests' first duty is the proclamation of the Gospel of God to all.
2. He makes holy – priests unite their people to God by the administration of the sacraments, especially the celebration of the Eucharist.
3. He governs – imitating Christ, priests lead those in their care to a deeper understanding of their own vocation and so build up a true Christian community.

## Sacrament of Marriage

The sacrament of marriage celebrates the love and friendship between a man and a woman. The sacrament gives the couple the grace to grow into a union of heart and soul, to provide stability for themselves and their children. Children are the fruit and bond of a marriage. The bond of marriage between a man and a woman lasts all the days of their lives, and the form of the rite consists of the mutual exchange of vows by a couple.

## Anointing of The Sick

The Anointing of the Sick is the sacrament given to seriously ill Christians, and the special graces received unite the sick person to the passion of Christ. The sacramental grace helps us to accept sickness as a purifying cross sent by God, and the grace even to accept death if that is God's will.

## The Ten Commandments

1. I, the Lord, am your God. You shall not have other gods besides me.
2. You shall not take the name of the Lord, your God, in vain.
3. Remember to keep Holy the Sabbath day.
4. Honour your Father and your Mother.
5. You shall not kill.
6. You shall not commit adultery.
7. You shall not steal.
8. You shall not bear false witness against your neighbour.
9. You shall not covet your neighbour's wife.
10. You shall not covet anything that belongs to your neighbour.

